



NATIONAL SERVICE SCHEME
DAULAT RAM COLLEGE
UNIVERSITY OF DELHI



Embrace

the Journey

THE ANNUAL NEWSLETTER
2021-22

ABOUT US

The National Service Scheme was launched by the Ministry of Youth Affairs and Sports, Government of India on 24th September 1969 as a tribute to Mahatma Gandhi, to instill the idea of social service in students. The National Service Scheme Unit of Daulat Ram College was established with an aim of furthering the vision of NSS in the college. With commendable efforts by over 2000 volunteers, the unit has managed to set a precedent in the field of selflessly serving the society for several other units to follow. In an attempt to bring a change in society, we organise various sessions, events, campaigns, and drives, pertaining to various aspects of social service. With the motto of 'Not Me, But You' etched in their hearts, our volunteers ardently commit their time and efforts to serve the society and build a community where every face bears a smile.



NSS UNION 2021-22

PROGRAMME OFFICER: DR. RITA RANI

CO- CONVENOR: DR. SHASHI SHARMA

NSS UNION HEADS

PRESIDENT: Manya

VICE-PRESIDENT: Raina Pathak

TREASURER: Samreen

DATA HANDLER: Inayat

MANAGEMENT TEAM HEAD: Sumi Puri

PROJECT INCHARGE: Shubhangi Mittal

SOCIAL MEDIA AND PR TEAM HEAD: Aditi Kapoor

SOCIAL MEDIA AND DIGITAL TEAM HEAD: Simran Agrawal

CREATIVE TEAM HEAD: Saumya Mishra

ABLING UNIT HEAD: Priya

GENERAL SECRETARY: Hooriah Lodi

TEACHER'S COMMITTEE

Dr. Madhu Damani

Dr. Shivali Aggrawal

Ms. Raman Arora

Ms. Preeti Singh

NSS UNION 2021-22

MANAGEMENT TEAM

Ananya Singh
Kashika Chandvaria
Khushi Goel

PROJECT MANAGEMENT TEAM

Shambhavi Ojha
Shreya Sharma
Shristi Kumari

CREATIVE TEAM

Ananya Chauhan
Harshita Arya

ABLING UNIT

Pankhuri Sawhney
Ritu Rai
Shambhavi Singh

SOCIAL MEDIA AND PR TEAM

Anushka Agnihotri
Anushka Paliwal
Muskan Gupta

SOCIAL MEDIA AND DIGITAL TEAM

Bhoomika Khandelwal
Debopriya Chatterjee
Vridhhi Sirohia

NSS CLASS REPRESENTATIVES

Course	First Year	Second Year	Third Year
B.Com. (H)	Sneha Bhardwaj	Khushi Singh	Raishal Soni
B.Com. (P)	Kanishka Singh	Khushi Tyagi	Prity Yadav
B.A. (H) Hindi	Minu Kumari	Anshika Prakash	Riya
B.A. (H) History	Supriya	Iram Fatima	Tanisha Bhatia
B.A. (H) English	Muskan Kumari	Anushka Tanwer	Ayushi Anand
B.A. (H) Sanskrit	Kanak	Arpi Shambhavi Jha	Shalini Kumari
B.A. Programme	Ayushi Yadav	Pratishtha	Pearl Batra
B.Sc. (H) Botany	Priya Giri	Fiza Khan	Pranjal & Reshu
B.Sc. (H) Physics	Ruchi	Ritika	Vedika
B.Sc. (H) Zoology	Varsha	Pratiksha Das	Pratiksha Shankhwar
B.A. (H) Economics	Anindita Nandkumar	Yukti Dhyani	Meenu
B.Sc. (H) Chemistry	Reenu	Manjeet	Sneha Negi
B.A. (H) Pol. Science	Gunjan Meena	Shikha Chauhan	Jahnvi Gupta
B.A. (H) Psychology	Chavi Kapoor	Poorvi Jain	Virali Prakash
B.A. (H) Philosophy	Snigdha Singh	Geetika Kaur	Kashvi Raj Singh
B.Sc. (H) Life Sciences	Rizul	Vaishali Pant	Khushi Khandelwal
B.Sc. (H) Biochemistry	Mansi Singh	Divya	Kajal Gupta
B.Sc. (H) Mathematics	Sheetal	Sanjyoti Chaurasiya	Harshita

FROM THE DESK OF...

Wonderful things can be achieved by teamwork and collaboration. One can vividly experience this by associating with NSS. NSS DRC is a big family of student volunteers, union members and teachers, and I am truly honoured to be a part of this family. We all come together to organise many events online and offline tirelessly over the year in spite of difficult situations. Topics like human health (mental and physical), social and political freedom, science and technology, cinema, environment, plantation, animal protection and patriotism all have been discussed under the same roof, which was a rare sight to cherish.



I must acknowledge the support and cooperation provided by our Principal, Dr. Savita Roy in making the events successful. I would also like to give a sincere thanks to our Vice Principal, Ms. Sarita Nanda for her constant support in all our endeavours. I offer my love and congratulations to every student member of NSS for making the experience of working together so beautiful and for lending their support in the making of this newsletter. With great pleasure, we are presenting a special edition of the NSS newsletter, which captures glimpses of various events we celebrated during the year 2021-22.

Dr. Rita Rani
Programme Officer
NSS DRC

FROM THE DESK OF...

I have had a beautiful experience while working with NSS. Initially, I joined NSS because I didn't want any regrets, but NSS went on to become the most exciting part of my college life. When the year started and the nation was going through the second wave of the pandemic, I thought we would have another year of working from home. However, the good news arrived shortly; we returned to campus and braced ourselves for the campus-community interaction.

As Project Itminaan and Campaign Parwaah continued with great success, the unit took another step towards the betterment of society by launching Project Avni, a sustainability initiative to spread awareness about eco-friendly ways of living. The unit also organised multiple donation drives, plantation drives, cleanliness drives, seminars and webinars on issues including LGBTQ rights, Women's Health to Environmental Pollution and Mental Health among others.

Our success on these fronts would not have been possible without my team members and volunteers. I would like to give equal credit to our Principal Ma'am, Vice Principal Ma'am, our Programme Officer, Dr. Rita Rani Ma'am, and the NSS Teachers Committee for their continued guidance and support.

I grew up both personally and professionally while serving as the President of the unit. NSS helped me meet some amazing personalities, inspiring peers, and sweet and responsible juniors, along with making me a woman my younger self would be proud of.

Manya
President
NSS DRC
2021-22



FROM THE DESK OF...

When I entered college, I was fascinated after learning about NSS and decided to join it to do my part in helping the society. Starting from 2019, when I joined NSS as a volunteer to now, when I'm the Vice President of NSS DRC, my journey has been filled with immense memories. I feel that the girl who entered college three years ago and the woman I am now, are two different people because I have grown so much. All the credit goes to NSS DRC for making me who I am today. I truly learnt the meaning of our motto "Not Me, But You" during the pandemic. Even when everything seemed to be upside down, NSS never stopped helping others.



From attending and taking part in events to organising them, and being one of the founders of Project Avni, NSS has given me several opportunities to explore myself better. Now that I have almost come to the end of this beautiful journey, I will be forever grateful for it. The most important thing that NSS taught me is that you don't have to partake in grand gestures for it to be considered social service; even small, everyday steps can be your contribution to a better tomorrow. This is a lesson that I will always remember, no matter where I go.

Raina Pathak
Vice President
NSS DRC
2021-22

EXPERIENCES

Being a part of NSS means a lot to me. It has influenced me in numerous ways and aided me in becoming a better human being who does things for others and thinks about them. I became well acquainted with society. I'm learning how to organise things well and use resources in the most efficient way possible so that I can help others. NSS DRC has unquestionably transformed me into the person I am today.

~ Ananya Singh, Management Team Member

*NSS has always been close to my heart. I believe it's been a privilege for me to have gotten the opportunity to work so closely with the unit. It's definitely been a roller coaster ride filled with numerous opportunities, learnings, hope, fun, and yes, new beautiful bondings. NSS has transformed me into a more empathetic, more balanced and pragmatic being. No matter wherever we head towards in life, I am always going to cherish this! Always!
Thank you NSS Family.*

~ Shreya Sharma, Project Management Team Member

When I came to DRC, I always knew I wanted to enrol in NSS - I had always been passionate about being of help to the society and being a part of a NSS unit offers many diverse opportunities where one can be of service. As a volunteer, all that I did gave me a deep sense of satisfaction- so many people are in need and many times as young people with little resources, we feel hopeless. But with NSS, many of us have been able to extend a helping hand to humans and our furry friends. When the recruitment forms for NSS Union came out in my second year, I excitedly filled it out, and I think giving my name for being a part of the Project Management Team was one of the best decisions I've made. I've found great friends and a family here. In my time as a Project Management Team member I've been able to contribute to so many noble ideas. I hope NSS DRC continues to carry the light of hope.

~ Shambhavi Ojha, Project Management Team Member

EXPERIENCES

NSS has been a life saver for me. It provided me a sense of belonging and helped me learn what college actually was. When I came to college I was very different from what I am now. NSS helped me grow as a person. It made me confident and it taught me that however difficult the situation may get if we put efforts we can overcome any situation. An important lesson which I learned from my head is patience. She also taught me that being agitated does not solve any situation, rather finding a solution with calm mind works. Now I see very prominent changes in me. I am really grateful to NSS for it.

~ Ananya Chauhan, Creative Team Member

Since college began, NSS always topped my list of priorities. Right from the first year, when I got to serve as the CR, to being a part of the Union, I have only found myself growing as a person and as a woman. Nothing can ever match the way NSS has helped me grow. Being a part of the Abling Unit, before anything else, shall forever hold a special place in my heart. My head has held my hand at every step I felt like giving up. It's her guidance, her trust that motivated me to do things I have never done before.

But as no single person makes a team, I am equally thankful to all the heads who have helped us grow better, not just as a person, but also as a social worker. Being a part of NSS, I cannot share my experience without mentioning our extremely talented President. I truly have learnt so much from her. As she always says, being a part of an all-girls college changes you a lot, and being a part of NSS in an all-girls, under the guidance of such empowered people, there can be nothing better than this.

~ Shambhavi Singh, Abling Unit Member

I joined NSS with the aim of doing something in my spare time, but it has now become an essential part of my life. NSS has offered a learning curve to me; supportive seniors, helpful juniors and motivating peers have helped me throughout. NSS has helped me develop my leadership and management skills. It is my 3rd year with NSS DRC and it feels amazing to see the unit developing and becoming better everyday.

NSS has gifted me memorable times. It has given me one of the best experiences, and memories to cherish. NSS is a platform where you learn everyday!

~ Simran Agrawal, Social Media and Digital Team Head

EXPERIENCES

Being an introvert has always affected me in a negative way; it made me miss many opportunities. But after I finished my schooling, I decided to not miss any opportunity. After I came to college, I realised the only way I can work on myself is by joining NSS as I'd always heard about the NSS unit of our college as being one of the best.

NSS DRC has helped me evolve as a person. I'll always be grateful to NSS, and undoubtedly my heads.

~ Vridhhi Sirohia, Social Media and Digital Team Member

When I joined college, I applied for many different societies and got into them as well. But the way I imagined I'll grow and improve, it didn't quite happen. When I came in 2nd year, I decided I'll apply for the NSS union. I didn't know if I'll make it or not, but I did.

The way NSS has helped me improve myself and engage in every type of work were the things I was searching for since the start of college. The way my team head as well as the other heads encouraged us, I'm sure has made me a better version of myself. I'll always be grateful for everything NSS has given me.

~ Bhoomika Khandelwal, Social Media and Digital Team Member

NSS has played a huge role in shaping who I am today. The past year saw all of us pushing our boundaries, challenging ourselves, and constantly improving. The feeling of being able to help someone made every challenge worth it. NSS has become one of my favorite things about college now. The team deserves every bit of praise for their tireless efforts that go into widening the radius of the people NSS DRC helps. Our heads have always helped us give our best. We may have started out as a team of unfamiliar people, but each day has brought us closer to becoming a family. Being a part of so many initiatives by NSS DRC and seeing it bring smiles on people's faces has been truly rewarding. I am beyond thankful for each experience that NSS DRC has given me.

~ Anushka Agnihotri, Social Media and PR Team Member



OUR PROJECTS



PROJECT ITMINAAN



With the aim of "Bread for Every Breath", Project Itminaan was launched on **4th June, 2020** to eradicate hunger. The initiative aims to ensure that each individual goes to sleep with itminaan (contentment). Till date, we have successfully fed **32,400 animals**. In the current session, we have a dedicated team of **49 volunteers**, who work hard everyday to help further the vision of the project.

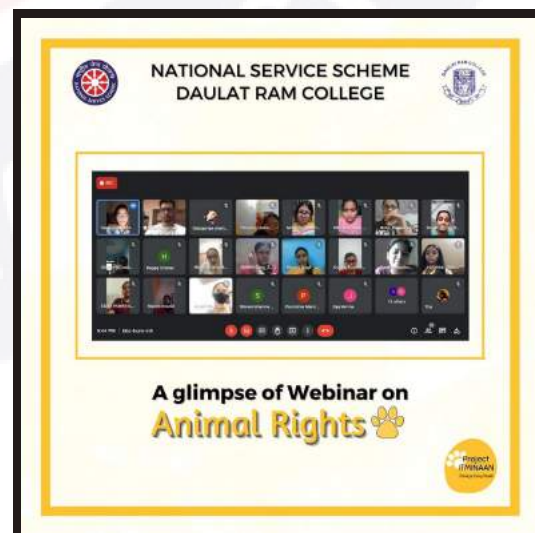
PROJECT ITMINAAN ANNIVERSARY

The National Service Scheme unit of Daulat Ram College celebrated the successful completion of one year of Project Itminaan, on **4th June 2021**. A virtual event was organised to commemorate this milestone and to honour the efforts of all those involved in this initiative over the past year, with **71 volunteers** in attendance.



WEBINAR ON ANIMAL RIGHTS WITH MR. NIKUNJ SHARMA

NSS DRC organised a webinar under Project Itminaan: Bread for Every Breath in collaboration with **Mr. Nikunj Sharma**, the CEO of **Mercy for Animals India** on **25th August 2021**. This webinar was organised in light of International Dog Day, with **75 volunteers** in attendance. Mr. Sharma engaged in a meaningful discussion with the volunteers, sharing his expertise on a variety of topics including animal rights, zoonosis, movements against animal abuse, and legal acts that prevent cruelty against animals among others.



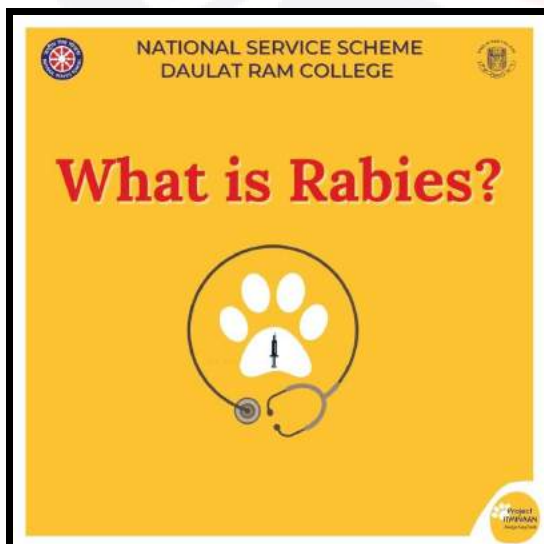
FEED A STRAY ACTIVITY

NSS DRC organised an activity titled, '**Feed A Stray**' under its hunger alleviation initiative, Project Itminaan: Bread for Every Breath. The activity was held on the account of **International Dog Day** and it took place on **26th August 2021**. It saw the enthusiastic participation of NSS DRC volunteers as well as other students who stepped up to extend a hand of compassion to stray dogs in their locality. Through the combined efforts of **204 volunteers**, an impressive tally of over **710 strays** being fed was achieved.



WEBINAR ON WORLD FOOD DAY WITH MR. DOLA MOHAPATRA

NSS DRC conducted a webinar in collaboration with **Mr. Dola Mohapatra**, the Executive Director of **Rise Against Hunger India** and the Co-Founder of WorkMatterz on 17th October 2021. The event was organised in the light of **World Food Day**. **71 volunteers** attended the webinar. He started by highlighting the effects of world hunger caused by insufficient intake of nutrients, which adversely impact the global community. He emphasized that by being considerate of our food choices, reducing food wastage and taking action by supporting, donating and volunteering for healthy eating, everyone can make a difference.



AWARENESS POSTS

World Rabies Day is observed on **28th September** to mark an annual global initiative to raise awareness about rabies and enhance prevention and control measures for the disease. To do our part, we posted two awareness posts on the official Instagram handle of Project Itminaan. The first post talked about what is rabies, its symptoms, after-effects and prevention. The second post aimed to bust some common myths related to rabies.

PROJECT AVNI

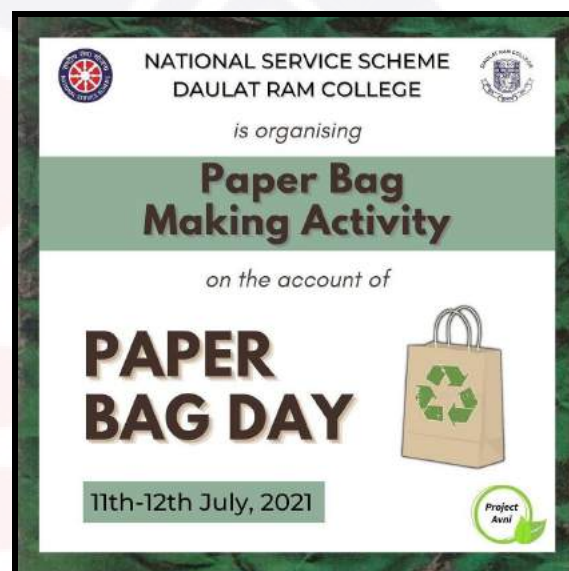


Project Avni is a sustainability initiative started by the National Service Scheme unit of Daulat Ram College on **10th July, 2021**. This Project was launched to create environmental awareness among the youth and introduce more people to alternative and sustainable practices. The Project is devoted towards spreading awareness about eco-friendly ways of living which do not harm our planet, to help save it for generations to come.

Over the year, the unit has organised a variety of activities under the aegis of Project Avni to help reach the values that the project was founded on.

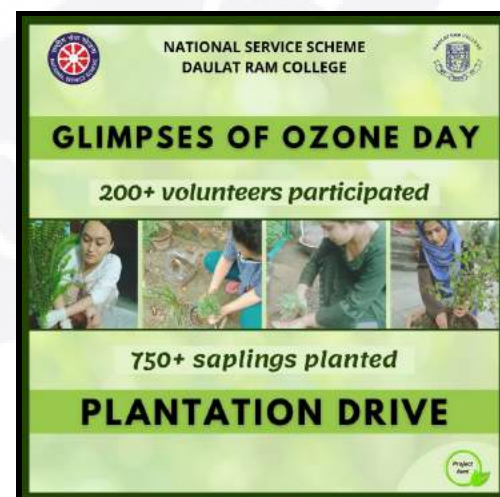
PAPER BAG MAKING ACTIVITY

National Service Scheme unit of Daulat Ram College organised **Paper Bag Making Activity** on account of **World Paper Bag Day** on **11th-12th July 2021**. The volunteers were given a detailed guide for making paper bags through a step-by-step instructions video stating precise measurements and procedures. A total of **1485 bags** were made with the efforts of **314 volunteers**, which were distributed to nearby vendors and shopkeepers. This helped to spread the message of sustainable living among the masses.



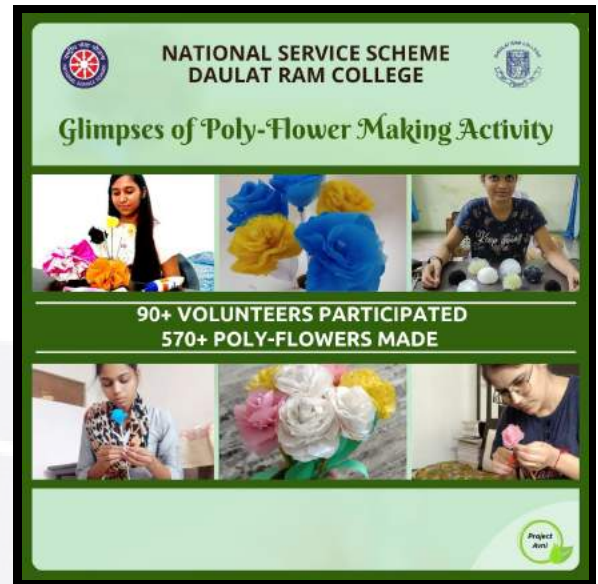
OZONE DAY PLANTATION DRIVE

NSS DRC conducted a Plantation Drive on the occasion of **International Day for the Preservation of the Ozone Layer** to take a small step towards protecting the ozone layer. It was held from **15th-16th September 2021**. **207 volunteers** came forward to be a part of this initiative. Students from across the country volunteered to plant saplings and through their collective efforts, the plantation drive spread to numerous cities. **778 saplings** were planted, helping in the conservation of the Ozone layer. All COVID-19 safety protocols were duly observed throughout the conduction of this activity. The Plantation Drive was a success as the volunteers confidently took the initiative forward and sincerely contributed to an important cause.



POLY-FLOWER MAKING ACTIVITY

NSS DRC organised '**Poly-Flower Making Activity: Reusing Polythene Bags at Home**' from **24th to 25th September 2021**. The basic aim of conducting the activity was to reiterate the point that throwing plastic wastes in river bodies is not the way to go and that we can creatively utilise plastic to save the environment. **94 volunteers** enthusiastically participated and created beauty out of what we usually refer to as 'waste'. They managed to make a total of **577 poly-flowers** of various vibrant colours, such as black, white, blue, red, yellow, and purple, among many others.



RIVER DAY WEBINAR WITH MR. DHARMESH BARAI

NSS DRC organised an insightful webinar on **26th September 2021** on '**Save Rivers and Water Bodies from Human Intervention**' in collaboration with **Dharmesh Barai**, to help raise awareness about the significance of rivers and ways to protect them. **88 volunteers** attended the webinar. Mr. Barai shared his beliefs about how the youth of our country are a force to be reckoned with, and they are the ones who hold the responsibility and power to save the environment and give back to society. Mr. Barai reiterated the point that change begins with us.

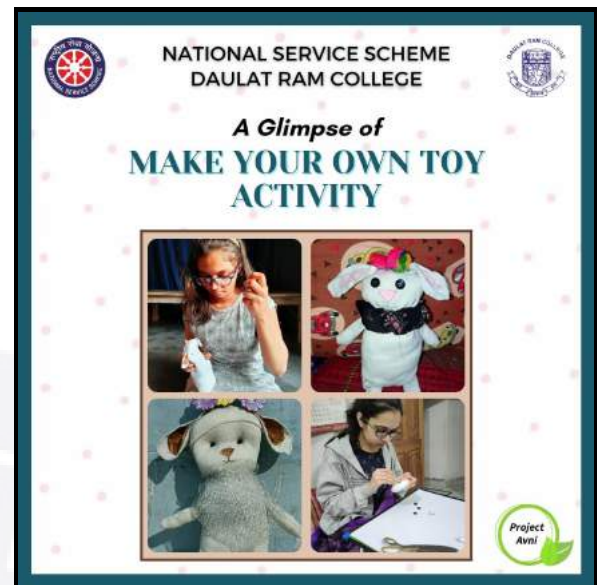
TOTE BAG MAKING ACTIVITY

NSS DRC organised **Upcycle Your Clothes: Tote Bag Making Activity** on account of **World Cotton Day**. The activity aimed at raising awareness about the harmful impacts of plastic bags, and encouraging people to use sustainable alternatives like cloth bags instead. The activity was held on **7th October 2021**. **162 volunteers** took part in the initiative and used old clothes to make **298 tote bags**. This activity was a success as volunteers demonstrated great enthusiasm and took significant steps towards the bigger cause of reducing, reusing and recycling.



MAKE YOUR OWN TOY ACTIVITY

NSS DRC organised an activity called **Make Your Own Toy** on **18th November 2021**. The activity encouraged people to recycle old, discarded materials and promote upcycling. The activity saw the participation of **63 volunteers**. Through their combined efforts, **93 toys** were prepared. The activity was a success owing to the enthusiastic participation of the volunteers. It also gave volunteers a chance to hone their creative skills.



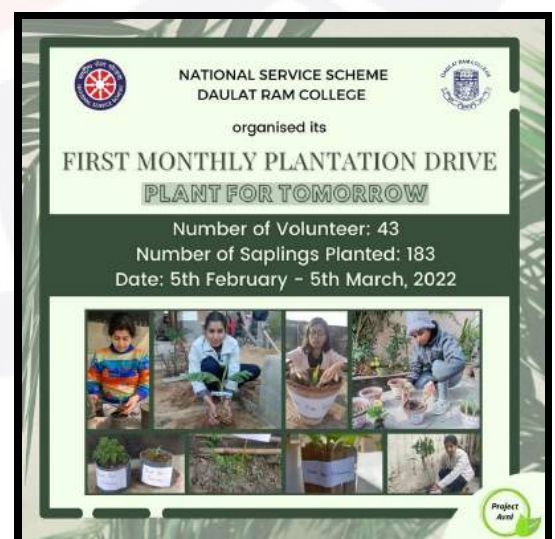
KITE MAKING ACTIVITY

NSS DRC organised a **Kite Making Activity** on the occasion of **Makar Sankranti** on **14th January 2022**. It was conducted with the aim of motivating people to recycle waste material and promote upcycling. With the participation of **147 volunteers**, **292 kites** were made which showcased the creative streak of volunteers who made kites out of old, discarded newspapers. The kites helped volunteers channel the spirit of the festival of Makar Sankranti, while also contributing to the welfare of the planet.



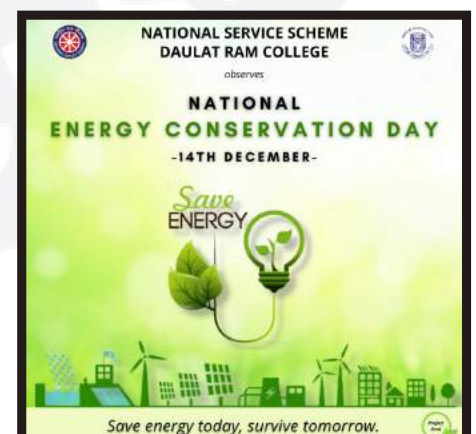
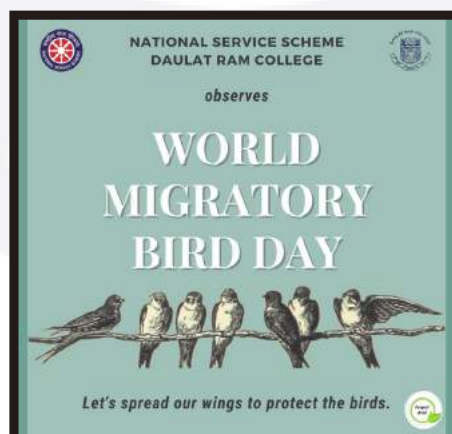
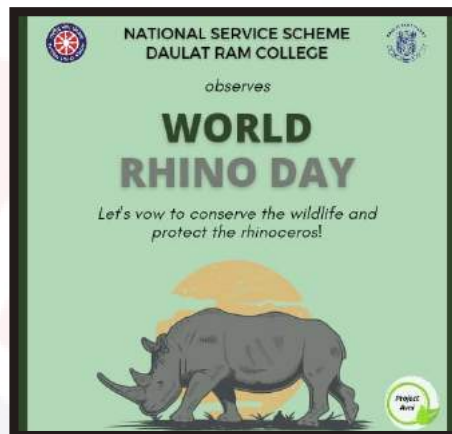
PLANT FOR TOMORROW

NSS DRC conducted a plantation drive under a newly launched initiative "**Plant for Tomorrow**". Plant for Tomorrow is a **monthly plantation drive** that aims to send the message that planting a tree is just the beginning, one has to care for the sapling so genuine environmental benefits can be achieved. The first instalment of Plant for Tomorrow started from **February 5, 2022**, and continued till **March 5, 2022**. **43 volunteers** came forward to be a part of this initiative. With their efforts, **183 saplings** were planted. The launch of Plant for Tomorrow was a glowing success, for it was able to go beyond a normal plantation drive - the saplings weren't forgotten after being planted, they received the utmost level of love and care.



AWARENESS POSTS

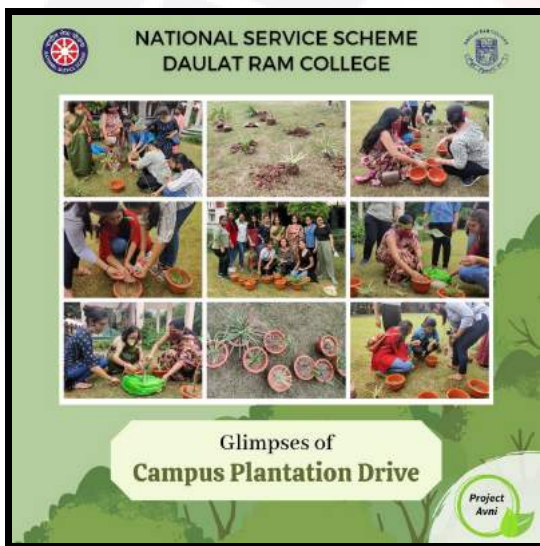
To reach a wider audience, we turned to the official Instagram Handle of **Project Avni**. Our awareness posts included **Plants that release high levels of Oxygen, Students' guide to waste management, A view of a UN panel report on climate change, Protection of Rhinoceros, etc.** We also posted informational content on **World Ozone Day, World River Day, World Migratory Bird Day, National Energy Conservation Day, World Wetlands Day, etc.** These posts helped us spread awareness among our audience in order to raise consciousness about our environment.



SWACHHTA PAKHWADA

NEIGHBOURHOOD CLEANLINES DRIVE

National Service Scheme Unit of Daulat Ram College organised a **Neighborhood Cleanliness Activity** under Swachhta Pakhwada, a government initiative from **10th to 12th September, 2021**. **82 volunteers** came forward to clean their surroundings, widening the reach of the initiative to include **50 cities** which included Delhi, Gurugram, Jaipur, Haridwar, etc.



CAMPUS PLANTATION DRIVE

The National Service Scheme unit of Daulat Ram College organised a **Campus Plantation Drive** on **13th September 2021** under the Swachhta Pakhwada initiative, as a part of Project Avni. The Vice Principal of DRC, Dr. Sarita Nanda, our Programme Officer Ms. Rita Rani, along with **16 volunteers** took part in the plantation drive, and managed to plant a total of **10 plants** in the Daulat Ram college campus. Plants such as Ashoka, Tulsi, Snake plant, Aloe vera, Neem and other air purifying plants were planted.

AWARENESS POSTS

Under Swachhta Pakhwada, we posted "**A Colourful Guide to a Cleaner Planet**" which talked about different dustbins. The post highlighted the relevance of green, blue and black dustbins and how waste should be segregated before disposal in order to ensure proper ways to manage the waste.





ABLING UNIT

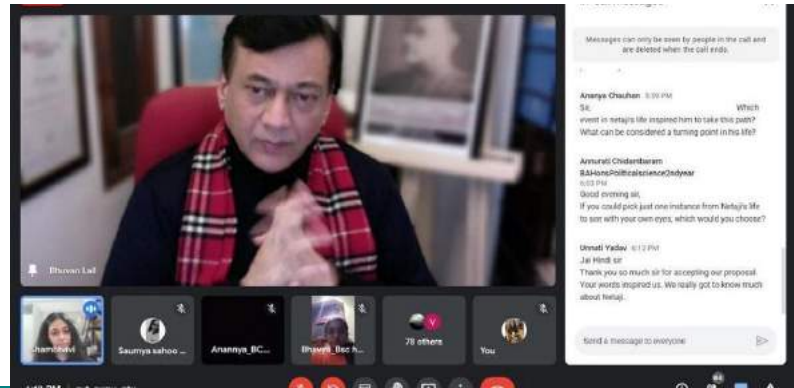
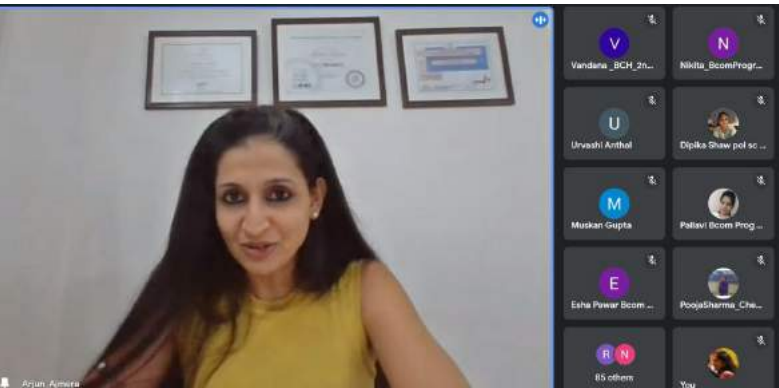


The **Abling unit** is a team under NSS DRC that **strives to work for the specially abled students and professors**. The work of the Abling unit involves **connecting empathetic volunteers** with the Visually Challenged Students (VCS) in order to assist them with **completing their assignments, recording audiobooks, filling out college forms and acting as scribes during examinations, amongst other things**. **College tours** are also arranged for the Visually Challenged Students. The unit has successfully installed **KIBO XS**, a VCS assisting device in the library. In the ongoing session of 2021-22, a total of **765 volunteers** have been arranged for assistance, and the tally is **expected to cross one thousand**.

MOVING TOWARDS INCLUSION

A workshop on **Moving Towards Inclusion** was organised in **collaboration with Sai Swayam Society** on **23rd September 2021**, to commemorate the **International Day of Sign Languages**. **89 volunteers** attended the webinar. The Speaker, **Ms. Meera Chetan**, engaged the audience in a live sign language learning session, covering alphabets, salutations, colours, days of the week, months of a year, numbers and general introductions in **ISL**.





EVENTS

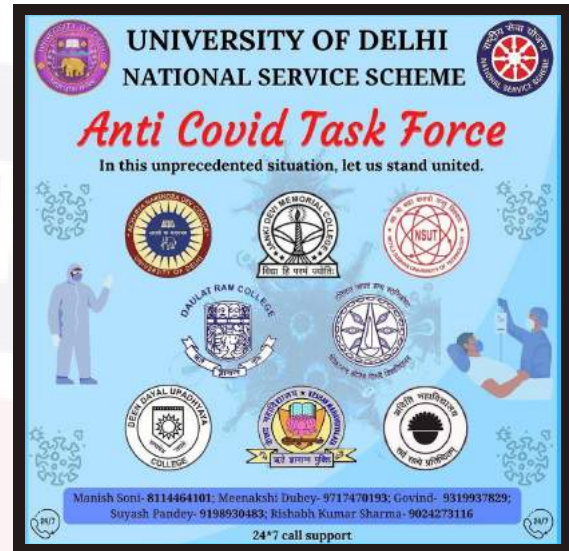
2021-22



MAY

ANTI-COVID TASK FORCE

The session began on a grim note, as we battled the second wave of the COVID-19 pandemic. In May 2021, NSS DRC collaborated with other NSS units of Delhi University and came up with an **Anti-COVID Task Force**. The Task Force remained functional from **8th-11th May 2021** with the aim to stand united in the face of unprecedented times. A total of **31 NSS DRC volunteers** took part in this noble initiative.



COVID HELPDESK

A team of **167 dedicated volunteers** at NSS DRC started working towards the noble cause of saving lives under the '**COVID Help Desk**' initiative by NSS DRC from **17th May-20th June 2021**. A significant amount of progress was made and as a result, multiple lives were saved.

MENTAL HEALTH AWARENESS MONTH

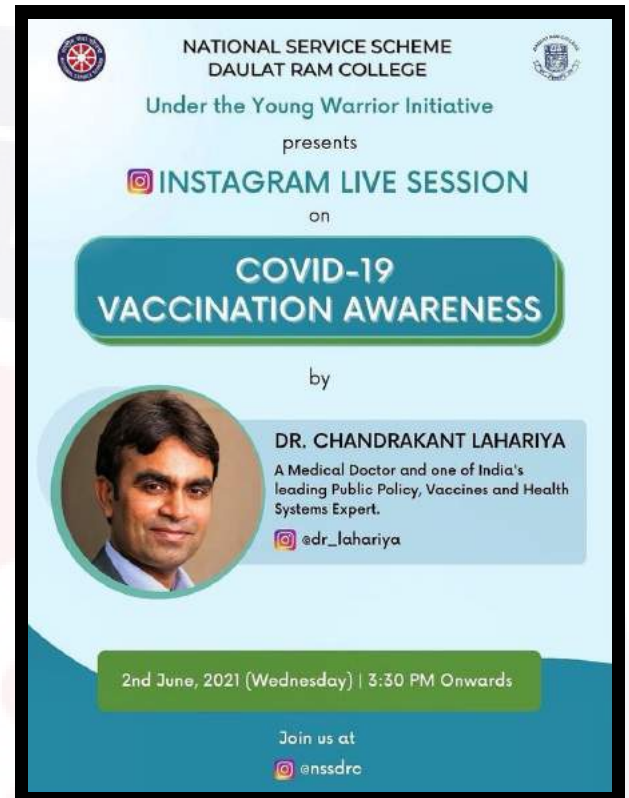
The pandemic highlighted the need of taking care of one's mental health, especially in challenging times. To lift up the spirits of those around us, NSS DRC observed the Mental Health Awareness Month. A reel making activity was organised on its account on the topic '**Fighting Against COVID-19**' on **27th May 2021**, and saw the participation of **24 volunteers**. Informational posts were also shared, to spread awareness about mental health.



JUNE

COVID-19 VACCINATION AWARENESS INSTAGRAM LIVE

The National Service Scheme unit of Daulat Ram College organised an informative Q&A session in collaboration with **Dr. Chandrakant Lahariya**, under the **Young Warrior Initiative** by UNICEF India. Dr. Chandrakant has spent 13 years with the WHO, and is the lead co-author of the book 'Till We Win: India's Fight Against The COVID-19 Pandemic'. The event was conducted as an Instagram live on the topic '**COVID-19 Vaccine Awareness**' on **22nd June 2021**, and was attended by more than **280 viewers**.



WORLD ENVIRONMENT DAY CELEBRATIONS



A **Plantation Drive** was organised on account of **World Environment Day** on **5th June 2021**. Volunteers were encouraged to foster the spirit of a greener Earth and make the world a better place to live in by planting saplings in their homes. **357 volunteers** took part in this noble cause and helped us make the earth greener and cleaner by planting **400 saplings**.

JUNE

CELEBRATING INTERNATIONAL YOGA DAY

The National Service Scheme unit of Daulat Ram College organised a **10-Day Beginner Yoga Workshop** in collaboration with **Bharatiya Yoga Sansthan** on the account of **International Yoga Day** celebrations from **11th-20th June 2021**. **Ms. Neeru Khaneja, Ms. Tanvi Kriplani** and **Ms. Chhaya Gupta** joined the workshops as the Yoga trainers for the sessions, with a total of **31 volunteers** in attendance. To mark the successful conduction of the 10-Day Beginner Yoga Session, the **Closing Ceremony** was observed on **21st June 2021**. A total of **54 volunteers** attended the ceremony. The ceremony celebrated our success in fostering a sense of the health of both the mind and the body in our volunteers through this workshop.



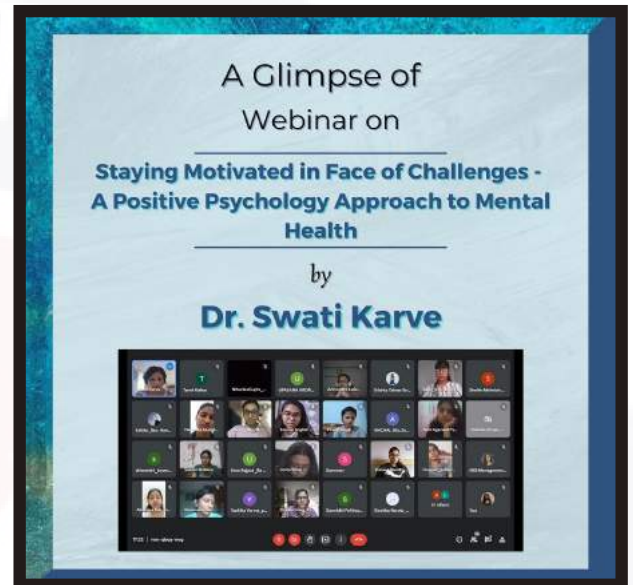
INSTAGRAM LIVE WITH MR. SRIDHAR RANGAYAN

NSS DRC organised an **Instagram Live session** on the topic **'Negative Effects of Victimisation of LGBT Adolescents'** in observance of Pride Month 2021, in collaboration with **Sridhar Rangayan**, an Indian filmmaker who has made films with a special focus on queer subjects. A total of **270 volunteers** took part in the session which was conducted on **22nd June 2021**. The session talked about the LGBTQ+ Community of India and helped us celebrate Pride Month in full swing.

JULY

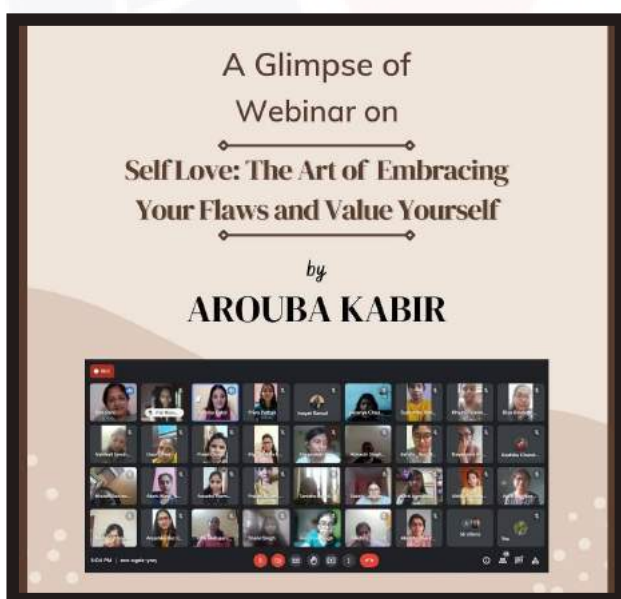
CELEBRATING ONE YEAR OF CAMPAIGN PARWAAH

National Service Scheme unit of Daulat Ram College celebrated the completion of **one year of Campaign Parwaah- Rethinking Mental Illnesses**. To commemorate this milestone, the unit organised a webinar in collaboration with **Dr. Swati Karve** on **8th July, 2021**. Through the course of the webinar, she introduced the audience to different powerhouses of motivation, and life changing practices like gratitude, meditation. The session came to a close on a positive note to continue with spreading the message of mental health awareness and making this world a better place.



WEBINAR ON SELF LOVE

National Service Scheme unit of Daulat Ram College organised a webinar under **Campaign Parwaah: Rethinking Mental Illnesses** on the topic '**Self-Love: The Art of Embracing Your Flaws and Value Yourself**' on **14th July 2021**. **85 volunteers** attended the session. The webinar was conducted in collaboration with **Arouba Kabir**, an expert mental health therapist with 8 years of experience. Dr. Arouba helped the volunteers understand the criticality of recognising one's flaws and improving the same and advocated how inner beauty is more valuable than outer beauty. The insights shared by the speaker provided the audience with a space to reflect upon themselves.



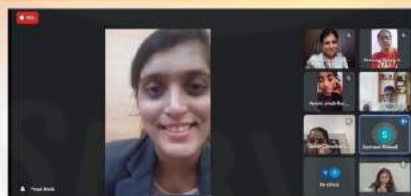
AUGUST

PANEL DISCUSSION ON INDEPENDENCE DAY

National Service Scheme unit of Daulat Ram College organised a **Panel Discussion** and 2 competitions as a part of **Azadi ka Amrut Mahotsav** celebrations of the 75th Independence Day. The Panel Discussion took place on **14th August, 2021**. **86 volunteers** attended the discussion. The theme for the Panel Discussion was '**Women of India in the 75th year of Independence**'. The panel of speakers comprised of renowned Doctor **Dr. Payal Bhole**, ex-Army Veteran **Captain Dr. Sunaina Singh**, and the Principal of Miranda House **Dr. Bijayalaxmi Nanda**. They focused upon the journey of women since ages and how they constantly strive for perfection. The speakers successfully inspired and shaped the audience to be powerful and aware women of tomorrow.



Speaker 1:
Dr. Sunaina Singh



Speaker 2:
Dr. Payal Bhole



Speaker 3:
Dr. Bijayalaxmi Nanda

GLIMPSES OF PANEL DISCUSSION

Theme: Women of India in the 75th year of Independence

AUGUST

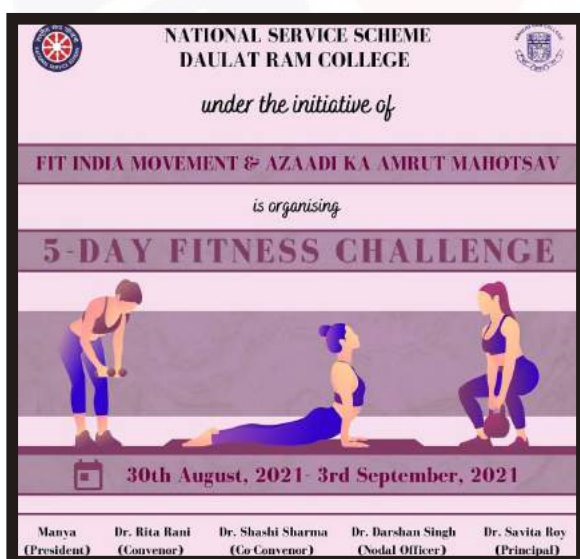
REEL MAKING ACTIVITY

The unit organised a **Reel Making Activity** on the theme '**Debunking Fitness Myths**' under **Fit India Movement**. It was conducted with the aim to allow participants to gain a better understanding of fitness, and to bust common myths which are often promoted as 'fitness tricks'. A total of **23 volunteers** took part in the activity. The entries were featured on the **social media handles** of the Unit with an aim to **raise awareness** about one's health and well-being among a wider audience.



5-DAYS FITNESS CHALLENGE

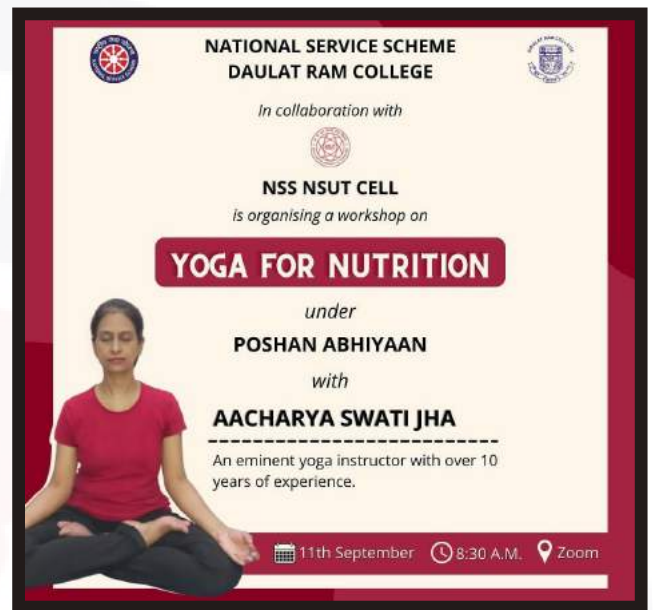
The Unit organised a **5-day Indoor Workout Challenge** under **Fit India Movement**. The aim behind the activity was to promote **the importance of exercise** and help the volunteers adopt a healthier and more **active lifestyle**. A total of **36** volunteers participated in the challenge. The volunteers enthusiastically participated in activities like running, skipping, stretching, yoga, sports like badminton and basketball, and aerobics over the course of the fitness challenge. On the last day, i.e. **3rd September 2021**, the volunteers participated in the **Freedom Run**. All **COVID-19 safety protocols** were observed throughout the conduction of the activity.



SEPTEMBER

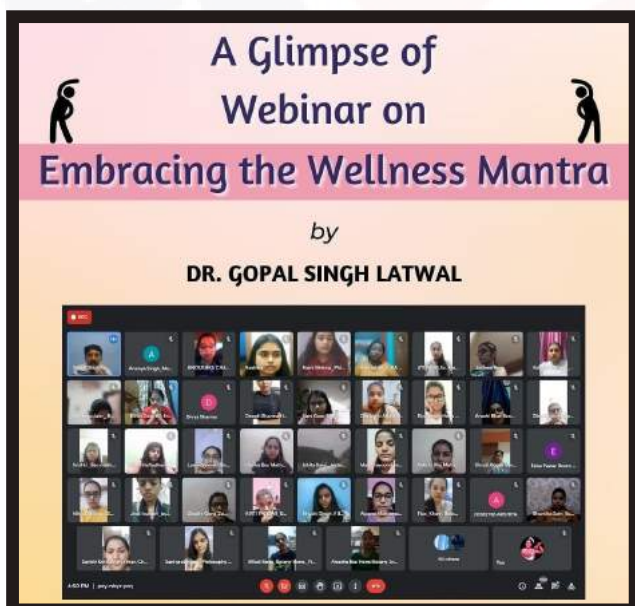
YOGA FOR NUTRITION SESSION

National Service Scheme unit of Netaji Subhash University of Technology in collaboration with the National Service Scheme unit of Daulat Ram College organised a workshop on **Yoga for Nutrition** on **11th September 2021** under the aegis of Poshan Abhiyaan. **Aacharya Swati Jha** was the Guest Speaker for the event. With over 10 years of experience in yoga coaching, Ms. Swati Jha is an eminent instructor in the field. A total of **92 volunteers** from NSS DRC participated in the webinar, which aimed at highlighting the importance of yoga and how incorporating yoga in daily life has various benefits for the health of individuals.



EMBRACING THE WELLNESS MANTRA WEBINAR

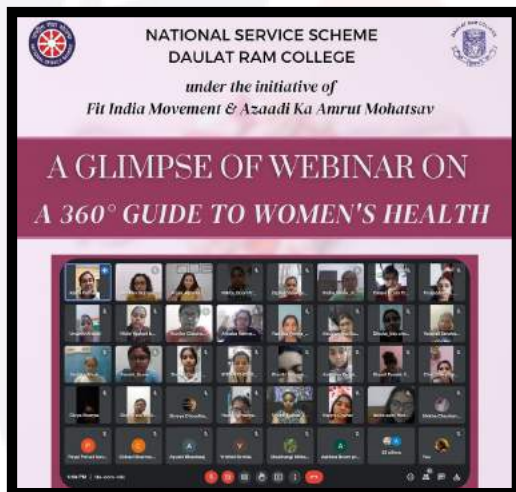
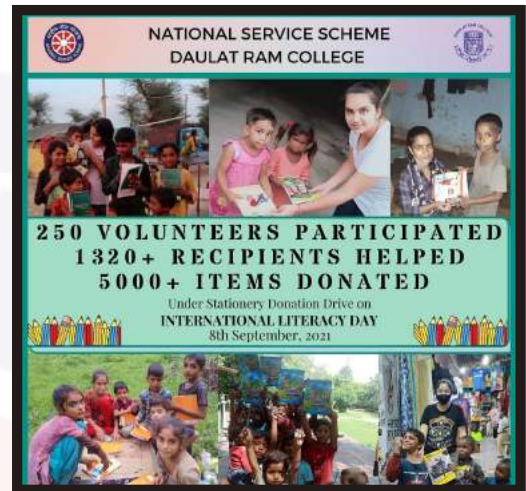
The National Service Scheme Unit of Daulat Ram College organised a webinar titled '**Embracing the Wellness Mantra**', under the **Fit India Movement** by the **Ministry of Youth Affairs and Sports** on **2nd September 2021**. **Mr. Gopal Singh Latwal**, an Associate Teacher at IITM Delhi, graced the occasion as a guest speaker. **100 volunteers** attended the session. He elaborated on the concepts of wellness and health, and expanded on other significant aspects of wellness- spiritual, emotional, social and intellectual. He informed the attendees about the role of wellness in combating these illnesses, and emphasised the benefits of simple but consistent efforts in the journey of fitness.



SEPTEMBER

STATIONERY DONATION DRIVE

NSS DRC organised a **Stationery Donation Drive** on the account of **International Literacy Day**. The activity took place on **7th-8th September 2021** and saw the enthusiastic participation of the volunteers as well as other students who made an effort to bridge the gap between education and the less privileged. They visited nearby slums and orphanages to donate various stationery items. Through the collective efforts of **250 volunteers**, a significant tally of **1320 people** were helped, with over **5000 items donated**. These included pencils, sketch pens, notebooks, colouring books and colours among other items.

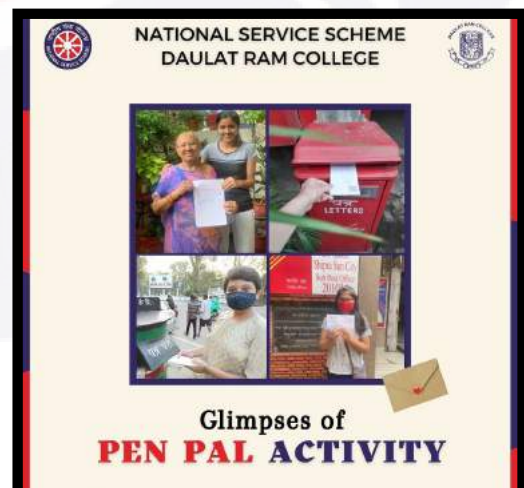


WEBINAR ON A 360° GUIDE TO WOMEN'S HEALTH

NSS DRC, under the initiative of **Fit India Movement and Azadi ka Amrut Mahotsav** organised a webinar titled, '**A 360° Guide to Women's Health**' in collaboration with **Ms. Mitushi Ajmera** on **30 September 2021**. **94 volunteers** attended the webinar. Ms. Mitushi Ajmera is a certified wellness coach and India's first Pilardio Instructor. Ms. Mitushi introduced the attendees to the 6 pillars of a healthy body. These are involvement with nature, a positive attitude towards life, complete nutrition, a well-hydrated body, good sleep, and regular exercise. In addition to this, she also imparted various ways of switching over to a healthier lifestyle from a sedentary one.

PEN PAL ACTIVITY

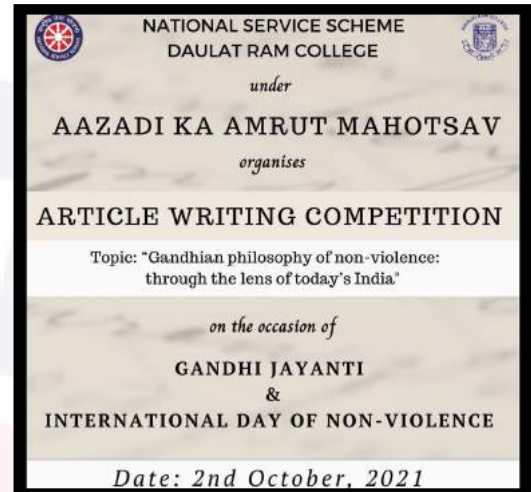
NSS DRC organised a **Pen Pal Activity** to commemorate the **52nd NSS Day** from **23rd to 24th September 2021**. The NSS Day is celebrated each year to commemorate the inception of the National Service Scheme, which took place on **24th September 1969** to mark the birth centenary year of Mahatma Gandhi. **59 volunteers** participated by penning down their kind words and posting them to the elderly in old age homes or in their families. Students from various cities and states volunteered to bring a smile on the faces of the silver generation, including many from Gurgaon, Lucknow, Amritsar, Panipat and Alwar among others.



OCTOBER

ARTICLE WRITING COMPETITION

National Service Scheme Unit of Daulat Ram College, under the Azadi Ka Amrut Mahotsav, organised an **Article Writing Competition** on the occasion of **Gandhi Jayanti** and **International Day of Non-Violence**. The competition was organised on **2nd October 2021** on the topic **"Gandhian Philosophy of Non-Violence: Through the Lens of Today's India"**. **35 volunteers** participated in the competition. Through their enthralling articles, the volunteers expressed how Mahatma Gandhi's age old idea of non-violence holds up in modern India and gave their own perspectives on the topic.



WEBINAR ON INDIAN AIR FORCE DAY

NSS DRC organised a webinar on **8th October 2021** on the occasion of **Indian Air Force Day** in collaboration with **Wg Cdr Aprajita Bhayana (Retd)**, on the topic **'An Account of Life in the Indian Air Force'**. **95 participants** joined the webinar. Ms. Aprajita started the webinar by introducing the audience to the Indian Air Force, illuminating its history, functioning, and her experience. She also talked about how far the involvement of women in the Indian Air Force has come, talking about popular ladies in the field like Gunjan Saxena, Lakshmi Ramanan, Nivedita Chaudhary, and Avni Chaturvedi, among many others.



REUSING WASTE TO MAKE ART ACTIVITY

NSS DRC organised an activity titled **'Reusing Waste to Make Art'** from **20th-21st October 2021**, as a part of the **Clean India Initiative**. **115 volunteers** participated in the activity. The aim of the activity was to reduce the concentration of Single-use plastic (SUP) in the environment in a creative way. Volunteers used various waste materials like plastic bottles, glass bottles, plastic containers, polythene bags, etc. to create various artworks and took a step towards creating a cleaner environment.





JALSA 2021

Barkat-e-Zindagi
Unravel the humanity in you



JALSA 2021

NSS DRC organised its **Annual Diwali Mela, Jalsa 2021** from **25th-29th October 2021**. Jalsa 2021 was the second virtual edition of the annual Diwali celebration, on the theme **Barkat-e-Zindagi** which pertained to the need to cherish our blessings and celebrate by giving back to the less privileged. The last two years under the pandemic reminded the world of the importance of giving back to the community and generating hope through service. Keeping this theme in mind, the **tagline** for this year was '**Unravel the Humanity in You**'. All funds collected from the event were donated to an Orphanage in Delhi.

Under this year's celebration, six major events were organised. These were:

- Opening Ceremony
- Khidmat-e-Khalq: A 3-Day Collection Drive
- The Throne of Games: Online Games for Fundraising
- Sureeli Shaam with Mr. Prithvi Gandharv: Online Fundraising Event
- Donation Drive: Concluding Khidmat-e-Khalq
- Closing Ceremony with Ms. Puja Marwaha (CEO of C.R.Y.)



JALSA

OPENING CEREMONY

The **Inaugural Ceremony** of Jalsa 2021 was held in the college premises on **25th October 2021**. It was attended by 12 Union Members, **our Vice Principal, Dr. Sarita Nanda, our Programme Officer, Dr. Rita Rani, and our Co-Convenor, Dr. Shashi Sharma**. The hosts introduced the audience to the working of the unit and our **Annual Diwali Mela**. The esteemed teachers and our **President, Ms. Manya**, then lit the lamp for an auspicious start. It was followed by a classical music performance by our volunteer, **Anagha**. The event concluded on a warm note with encouraging addresses by the teachers.



KHIDMAT-E-KHALQ

Khidmat-e-Khalq, which stands for philanthropy, a 3-day long Collection Drive was organised from **25th-27th October 2021**, and aimed to **encourage people to help the needy**. With a team of **11 Union Members and 9 on-field volunteers**, the drive achieved remarkable tallies in terms of donations. Donations were made by **129 volunteers**, majorly made in the form of **food items** like biscuits, rice, potatoes and other packed foods, **stationery items** like pens, pencils and crayons, clothes, and **other items** like sanitary pads and masks.

THE THRONE OF GAMES

The unit organised **The Throne of Games**: 2 consecutive evenings filled with online fundraising activities from **26th-27th October, 2021**. Three games were organised under the Throne of Games via Google Meet: '**Harry Potter and the Mystery of the Dead**', a murder mystery and quiz game for all the Harry Potter fans, which saw the participation of **20 people**; '**Tambola**', in which **38 people** participated and '**Sahi Pakde Ho?!**', a Bollywood themed game which included **30 participants**. All proceeds collected from these games were **donated to an orphanage**.



JALSA

SUREELI SHAAM WITH PRITHVI GANDHARV

NSS DRC organised '**Sureeli Shaam**': an **Online Fundraising Concert** on the **27th of October, 2021**. The unit invited a renowned musician, **Mr. Prithvi Gandharv** for the virtual concert. The show was a big hit with over **55 attendees** tuning in to see Mr. Gandharv perform live. He beautifully sang popular bollywood numbers like Mitwa, Channa Mereya, Illahi. The crowd enjoyed the concert and grooved to the tunes, while also contributing to a good cause.



DONATION DRIVE

As a follow up to our 3-day long collection drive, Khidmat-e-Khalq, a **Donation Drive** was organised on **29th October 2021**. All donations which were collected were donated to a Delhi-based Orphanage. Our volunteers prepared various handcrafted items curated into **gift packages**, for the children living in the orphanage. The amount raised through **fundraising events** was also **donated to the orphanage**. Union members who visited the orphanage decorated the rooms of the children with **Diwali themed decorations**, like lanterns, diyas and wall hangings.



CLOSING CEREMONY

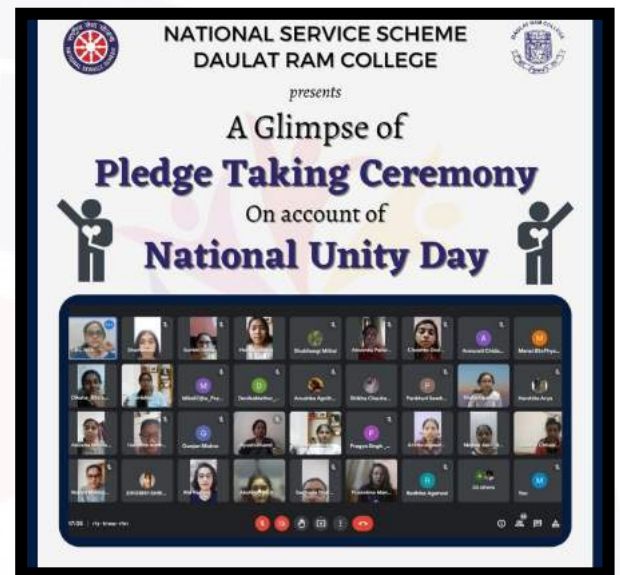
The **Closing Ceremony** of Jalsa 2021 took place on **29th October 2021, at 4.30 PM via Google Meet**. The Chief Guest for the evening was **Ms. Puja Marwaha, the CEO of C.R.Y. (Child Rights and You)**. **90 volunteers** attended the session. She informed the audience about the **projects** she has been working on and the children she has encountered through the course of her career, whose big ideas and even bigger dreams have managed to leave their mark on her life. At the end, she congratulated the unit for successfully pulling off **Jalsa 2021**.



NOVEMBER

PLEDGE TAKING CEREMONY

The National Service Scheme unit of Daulat Ram College organised a **Pledge Taking Ceremony** on **1st November 2021** on account of **Rashtriya Ekta Diwas**. The day is celebrated every year on **31st October** to commemorate the birth anniversary of Sardar Vallabhbhai Patel. **70 volunteers** took part in the ceremony. The Pledge was administered to the audience by the **General Secretary** of the unit, **Hooriah Lodi**. The volunteers took the oath to preserve the integrity, security and unity of the nation, and for striving to up-keep the unity of the country and contributing to its development in any way they can.



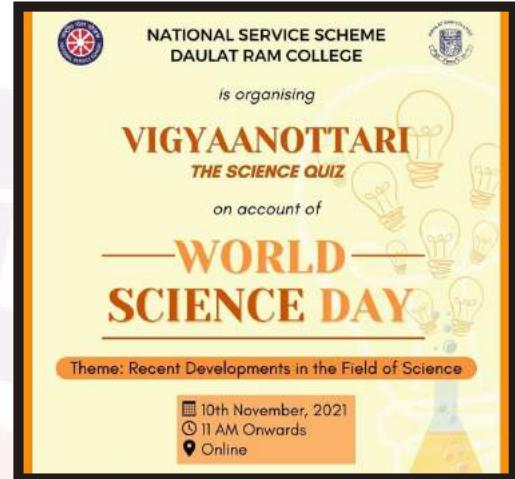
MONOLOGUE COMPETITION

The National Service Scheme unit of Daulat Ram College organised a **Monologue Competition** under **Azadi ka Amrut Mahotsav** on **14th November 2021** to commemorate the Birth Anniversary of Pandit Jawaharlal Nehru and **Children's Day**. 26 Volunteers of NSS DRC participated in the competition and gave their best shot at creating video monologues on the topic '**India Today Through Nehru's Eyes**'. Through their submissions, they expressed how our former Prime Minister would've viewed current India.

NOVEMBER

VIGYAANOTTARI: THE SCIENCE QUIZ

National Service Scheme unit of Daulat Ram College observed **World Science Day** on **November 10, 2021** by organising "**Vigyanottari**", a **science quiz**. The theme of the quiz was '**Recent Developments in the Field of Science**'. The aim behind organising it was to spread awareness and knowledge about the developments in the arena of science that have taken place lately. **19 volunteers** participated in the online quiz.



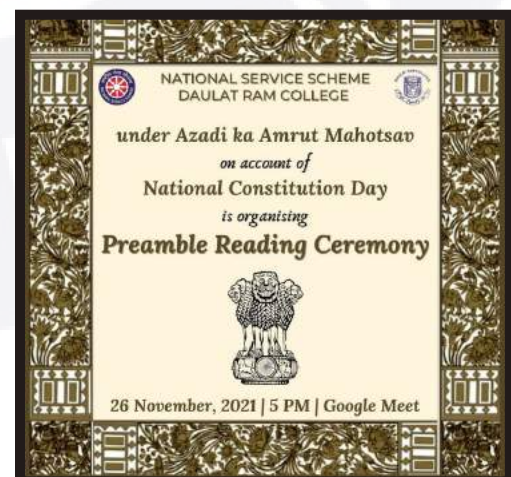
WEBINAR ON GENDER BASED VIOLENCE

National Service Scheme Unit of Daulat Ram College conducted an invigorating webinar on **25th November 2021**, in the light of **International Day for the Elimination of Violence Against Women**. A total of **91 volunteers** attended the webinar. **Ms. Gurbani Kaur** and **Ms. Sreya Layek** from Girl Power Talk were the speakers for the day. The speakers enlightened the volunteers about how violence against women is deeply rooted in society and culture. They also highlighted ways in which individuals can help out victims of abuse, like being empathetic towards them and spreading information about rights.



PREAMBLE READING CEREMONY

National Service Scheme unit of Daulat Ram College celebrated the **72nd National Constitution Day** on **November 26, 2021** as a part of the **Azadi ka Amrut Mahotsav** by organising a **Preamble Reading Ceremony**. **74 volunteers** were a part of this ceremony, which was organised to inculcate a feeling of oneness and pride among volunteers as citizens of India.



DECEMBER

SHELTER FOR STRAYS

The National Service Scheme unit of Daulat Ram College organised a **Shelter for Strays Drive**, from **11th-13th December 2021**.

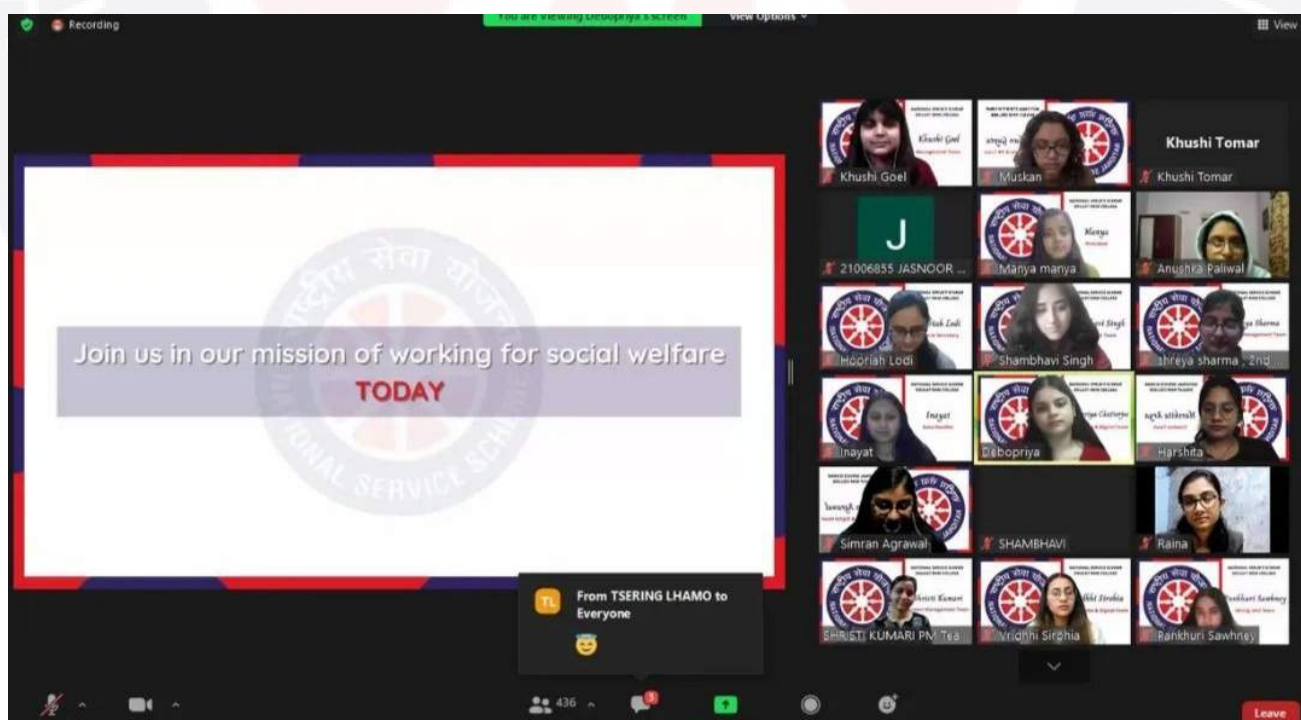
23 volunteers, placed **58 make-shift beds** for stray animals to sleep in and comfortably survive the winter season. Volunteers placed jute sacks, blankets, carpets, cardboard boxes, cotton and woollen sheets in to serve as beds for strays at street corners, outside the homes of volunteers, on the roadsides and in parks where strays could easily make use of them.



JANUARY

ORIENTATION 2022

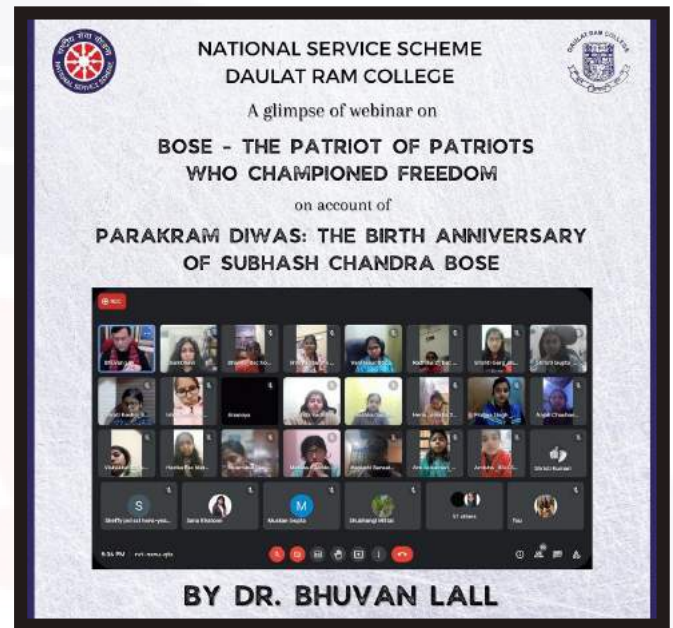
NSS DRC organised its virtual **Orientation Programme** for the **Batch of 2024** on **12th January, 2022**, with over **300 volunteers** in attendance. The **Vice Principal of DRC, Dr. Sarita Nanda**, and our **Programme Officer, Dr. Rita Rani** warmly welcomed the audience. **Union Members** then walked the audience through the **working of NSS DRC**, introducing **the team and our flagship projects, fests, etc.** It was followed by a **video** to present our work. The evening ended on a delightful note as the attendees were engaged in a **game**.



JANUARY

WEBINAR ON PARAKRAM DIWAS WITH DR. BHUVAN LALL

NSS DRC celebrated **Subhash Chandra Bose's 125th Birth Anniversary**, also known as **Parakram Diwas**, with great enthusiasm on **23rd January 2022**. The unit conducted a webinar on **24th January 2022** to commemorate the day under the **Azadi ka Amrit Mahotsav**. **66 volunteers** attended the webinar. The speaker of the day was **Dr. Bhuvan Lall**, the author of the bestselling biography 'The Man India Missed The Most: Subhash Chandra Bose'. He enlightened the volunteers about the significant role played by Netaji in the Freedom struggle of India. Dr. Lall, narrated incidents from the life of Netaji, inculcating a sense of patriotism in the listeners.



REPUBLIC DAY CELEBRATIONS

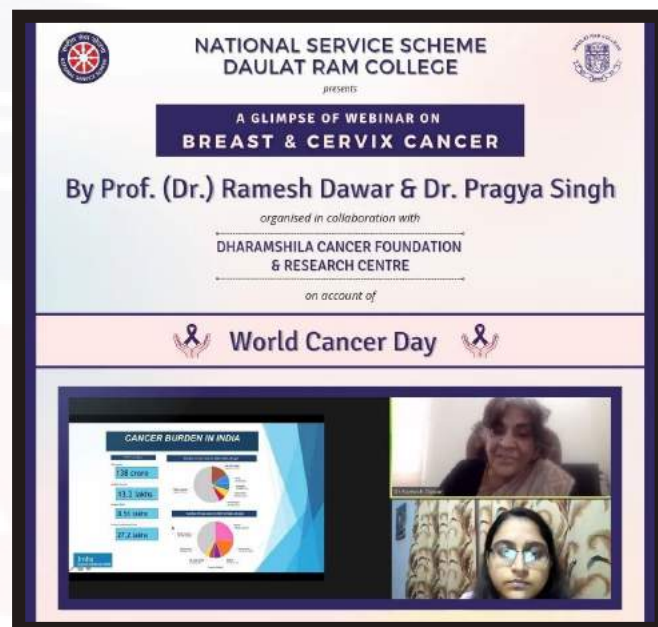
National Service Scheme unit of Daulat Ram College organised a **Doodle Making Competition** on account of **Republic Day** on **26th January 2022**, wherein volunteers had to represent the tableaux of their states in the form of creative doodles. A total of **30 volunteers** took part in the competition. The artworks were an embodiment of pride and patriotic sentiments towards their state and nation. States like Bihar, Haryana, Uttarakhand, Assam were depicted with beauty and sophistication.



FEBRUARY

BREAST AND CERVIX CANCER WEBINAR

NSS DRC observed **World Cancer Day** on **4th February 2022** by organising a webinar in collaboration with **Dharamshila Cancer Foundation and Research Centre** on the topic '**Breast Cancer and cervix Cancer**'. Over **300 volunteers** attended the webinar. **Prof. (Dr.) Ramesh Dawar**, Vice President of Dharamshila Cancer Foundation and Research Centre and **Dr. Pragya Singh**, Senior Manager - Projects at Dharamshila Narayana Superspeciality Hospital, were the speakers for the event. The webinar started with Dr. Ramesh Dawar briefing the audience about breast cancer, its predisposing risk factors, and preventive measures one can take to lessen its occurrence. Dr. Pragya Singh talked about cervix cancer and how to prevent it.



SUSTAINABLE MENSTRUATION WEBINAR

NSS DRC organised a webinar on the topic '**Sustainable Menstruation and Use of Menstrual Cups**', in collaboration with **Sirona Hygiene Foundation** on **11th February 2022**. **82 volunteers** attended the webinar. **Dr. Aarushi Kehar Malhotra** was the speaker for the event. She is a Public Health Advocate with a master's degree in public health, involved in health education, healthcare research, and spreading awareness. She briefed the audience about menstruation. She explained the concept of sustainable menstruation, that is, using products that benefit both- the body and the earth. She talked about the various chemicals that go into making a sanitary napkin, their non-biodegradable nature and how a girl uses an average of 16,000 sanitary napkins in her lifetime. She suggested safer alternatives like menstrual cups.

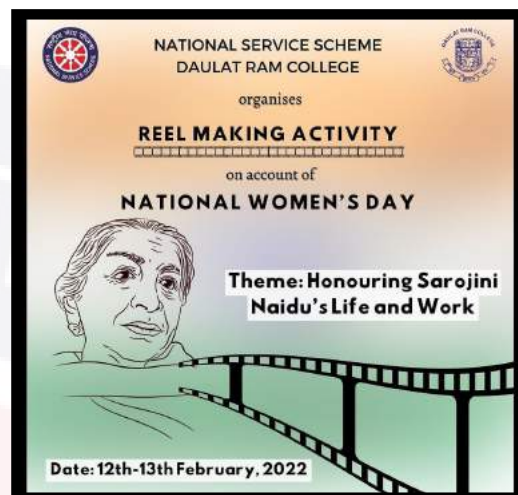


FEBRUARY

NATIONAL WOMEN'S DAY

NSS DRC celebrated National Women's Day on **February 13, 2022**, to commemorate the **birth anniversary of Sarojini Naidu**, a renowned political leader and poet. The unit organised a **Reel Making Activity** on '**Honouring Sarojini Naidu's Life and Work**'. **8 volunteers** participated in the activity. They focused on her early life, her contributions to the upliftment of women and some lesser-known facts about her.

The reels were then posted on the social media handles of NSS DRC to spread awareness.



SYMPOSIUM

NSS DRC observed the **World Day of Social Justice** on **20th February 2022**. The unit organised a **Symposium** on the topic '**Importance of Social Justice Consciousness Among the Youth**'. **23 volunteers** participated in the symposium. The session was moderated by two union members, who asked the volunteers questions pertaining to the topic of the symposium. The questions covered a range of themes that fall under the discussion of social justice, the volunteer's own understanding of the term social justice, how social justice should be appropriately served in society, the balance between the right to freedom of speech and censoring, and responsibilities of each individual in ensuring social justice.

FUTURE OF WOMEN IN STEM SEMINAR

NSS DRC organised a seminar on '**The Future of Women in STEM**' on **28th February 2022**, on the occasion of **National Science Day**. **154 volunteers** attended the event. **Dr. Bharti Singal**, a Delhi University alumna and an accomplished figure in the field of biochemistry was the esteemed speaker for the day. She elaborated upon the vital skills in the 21st century, including critical thinking, leadership skills and time management. She stressed this year's theme for National Science Day, '**Integrated Approach in Science and Technology for a Sustainable Future**', and enlightened the audience about adopting sustainability into one's life.



MARCH

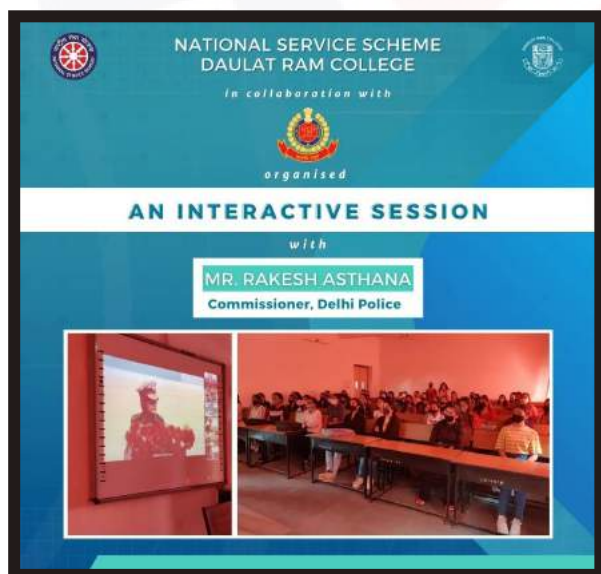
WEBINAR ON INTERNATIONAL WOMEN'S DAY

The National Service Scheme unit of Daulat Ram College organised a seminar on account of **International Women's Day** on the topic '**Breaking the Bias: International Women's Day 2022**'. A total of **153 volunteers** were present in the seminar. **Ms. Manasi Pradhan**, a women's rights activist and author, who is the flagbearer of the **Honour for Women National Campaign**, was the Guest speaker of the day. Ms. Pradhan highlighted that we don't need a particular day to celebrate the existence of women, but respecting women every day marks the true essence of the Women's Day celebrations. To encourage women supporting other women, the unit also put together a **Message Board** in the front lawn of the college premises, where students could write messages they had for other women and foster an environment of love and support.



INTERACTIVE SESSION WITH DELHI POLICE

NSS DRC took part in a session organised by the Delhi Police on **8th March 2022**, on account of **International Women's Day**. **Mr. Rakesh Asthana**, the Delhi Police Commissioner was the esteemed speaker for the day. A total of **70 NSS DRC volunteers** virtually joined the event. The Delhi Police Chief interacted with over 50,000 women from across the city through a hybrid platform called **Tarangini**, and talked about the various initiatives taken up by Delhi Police to ensure the safety of women and ways in which they have worked towards empowering women.





AAGAAZ 2022

Celebrating Inclusivity

Sharing Similarities, Celebrating Differences



AAGAAZ 2022

As we return to normalcy amidst the pandemic, Aagaaz 2022 was celebrated as a ray of hope, guiding us to light from darkness. The National Service Scheme unit of Daulat Ram College organised its **annual social fest, Aagaaz 2022**, on **9th April 2022**, on the theme **Celebrating Inclusivity**. The theme for this year aimed to lay emphasis on the fact that everyone is different in their own way. However, these differences aren't something that we should be scared of. These differences need to be celebrated and cherished. We need to give each individual the space to express themselves and grow. For this reason, the **tagline, 'Sharing Similarities, Celebrating Differences'** was chosen.

Under Aagaaz 2022, two major events and six competitions were organised.

- Opening Ceremony
- Doodle Making Competition
- Quiz Competition
- On the Spot Photography Competition
- Dance Competition
- Face Painting Competition
- Slam Poetry Competition
- Closing Ceremony



AAGAAZ

OPENING CEREMONY

The **Inaugural Ceremony** of Aagaaz 2022 was held in the **Conference Hall**, with several attendees. **The Chief Guest was Mr. Amitabh Agnihotri**, a distinguished figure in the field of journalism. **Ms. Aarzo and Ms. Jyoti** from **Kat-Katha**, an organisation working for the welfare of forced sex workers, joined us as **Guests of Honour**. Our **esteemed guests**, and the **President of NSS DRC, Ms. Manya** lit the lamp, followed by a **classical dance** performance by our volunteer, **Hritika Aneesh**. Ms. Manya presented the Annual Report of the session. Our honoured guests then took over the stage to share their insights on the idea of inclusivity. The event concluded on a hopeful note with a vote of thanks by our **Vice President, Ms. Raina**.



DOODLE MAKING COMPETITION

The **Doodle Making Competition** was organised on the theme '**Revisiting Traditional Folk Stories**'. **Ms. Sonal Garg**, a freelance artist was invited to judge the competition. The participants were happy to reflect their diverse backgrounds in their artwork, and praised the NSS DRC unit for its initiative.



FACE PAINTING COMPETITION

The **Face Painting Competition** organised on the theme '**The Canvas of My Culture**'. **7 teams** participated in the competition, two students being part of each team. **Ms. Jyoti Chauhan**, our esteemed faculty member from the Physics department, was the judge for the competition. The impressive art created by the participants left the judge spellbound.



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DANCE COMPETITION

The **Dance Competition** was organised on the theme '**Tradition Meets Modernity**'. **21 students** took to the stage to groove to the music. **Ms. Arushi Lal**, who is renowned for her graceful dancing skills, was the esteemed judge of the competition. Dance enthusiasts from different colleges performed different dance forms like **contemporary, freestyle, and semi-classical**.

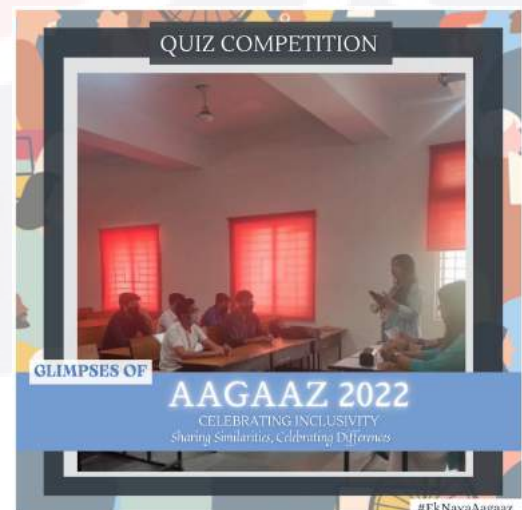


ON THE SPOT PHOTOGRAPHY COMPETITION

The **On the Spot Photography Competition** was organised on the themes '**Reflecting on the World Around Us**' and '**Going Macro**'. **9 students** participated in the competition. **Mr. Pranav Gupta**, who has done various projects with famous influencers, was the judge of the competition. He keenly observed the photographs clicked by the participants, and motivated them to keep capturing moments with their camera.

QUIZ COMPETITION

The **Quiz Competition** was organised on the theme '**The Pages of North-East India's History**'. **11 students** participated in the competition. The event emphasised on the glorious diversity of the North-Eastern states. The competition served as a platform for young, bright minds to showcase their wisdom.



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SLAM POETRY COMPETITION

The **Slam Poetry competition** was organised on the theme '**Different Flowers Make a Bouquet**'. **15 students** participated in the competition and beautifully recited their words. **Mr. Akhilesh**, a faculty member from the English department of SGTB Khalsa College, joined us as a judge for the competition. The participants recited their writings in front of the audience and the judges, while putting their heart and soul into them.



CLOSING CEREMONY

The **Closing Ceremony** was organised in the **Rangshala** of the college, with several attendees, including **Our Principal, Dr. Savita Roy, and our Programme Officer, Dr. Rita Rani**. It was opened by a performance by **Memesis**, the theatre society of DRC. Dr. Savita Roy and Dr. Rita Rani were then invited on the stage for the Felicitation ceremony. **Winners** from the 6 competitions were awarded with **certificates, gift hampers, and cash prizes**. The ceremony ended with a vote of thanks to everyone for their enthusiasm which helped in making Aagaaz 2022 a success.

A NOTE OF HOPE

Over the course of the session 2021-22, National Service Scheme unit of Daulat Ram College was able to achieve new heights. With our dedicated team of volunteers, we were able to make a difference in the lives of many individuals.

As we move towards another new session, we hope to achieve even bigger milestones and be the change that we want to see in the world.

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